Appendix M
References

This toolkit is informed by statewide implementation experience, national best practices in first responder behavioral health, and evidence-based organizational wellness frameworks.

Statewide Initiatives and Guidance

Division of State EMS Mental Health Initiatives
https://www.health.ny.gov/professionals/ems/

Mental Health Association in New York State
https://www.mhanys.org/

New York State Department of Homeland Security and Emergency Services Needs Assessment and Wellness Primer
https://www.dhses.ny.gov/

New York State Behavioral Health Guidance Document
https://omh.ny.gov/

Regional EMS Councils
https://www.health.ny.gov/professionals/ems/regional.htm

NYS Program Agencies
https://www.health.state.ny.us/professionals/ems/charta.htm

National Best Practice Frameworks

International Critical Incident Stress Foundation
https://icisf.org/

Substance Abuse and Mental Health Services Administration (SAMHSA)
https://www.samhsa.gov/

National Action Alliance for Suicide Prevention
https://theactionalliance.org/

International Association of Fire Chiefs Behavioral Health Programs
https://www.iafc.org/topics-and-tools/resources/resource/behavioral-health

International Association of Fire Fighters Behavioral Health Framework
https://www.iaff.org/behavioral-health/

FBI National Academy Associates Resilience Officer Programming
https://fbinaa.org/

National Institute for Occupational Safety and Health First Responder Safety and Health
https://www.cdc.gov/niosh/topics/emres/

References

Additional Supporting Resources

National Council for Mental Wellbeing
https://www.thenationalcouncil.org/

Centers for Disease Control and Prevention First Responder Health Resources
https://www.cdc.gov/niosh/topics/emres/responders.html

American Psychological Association Trauma and Resilience Resources
https://www.apa.org/topics/trauma

U.S. Fire Administration Behavioral Health and Wellness
https://www.usfa.fema.gov/wellness/

Support That Saves: A Guide to Building and Sustaining Peer Support
https://www.nationalfallenfirefighters.org/programs/support-that-saves/

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