

Mental Health Association in New York State, Inc.



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Sylvia Lask Scholarship for Academic Year 2026-2027

Deadline:

All application materials must be received by **June 30, 2026**

Start your [application](#) today!

Sylvia Lask's Legacy Lives On Today:

The Sylvia Lask Scholarship, established in 2018, honors Sylvia Lask, a dedicated mental health advocate and former MHANYS Board member.

Sylvia championed the creation of New York State's Mental Health Education Law, making New York the first state to require mental health instruction in K-12 health education. A Bronx-based leader, she served as Chair of the MHANYS Government Affairs Committee and as a member of the Jacobi Hospital Board of Directors, and was widely recognized for her lifelong commitment to advancing mental health advocacy across New York State.

Her legacy continues to inspire and strengthen the next generation of mental health leaders dedicated to advocacy, education, and equitable care for all New Yorkers.

Purpose:

This scholarship encourages the education of individuals to support in the prevention and treatment of mental health challenges, the promotion of mental health, and the empowerment of adults, children, and families whose lives have been affected by mental health challenges.

Amount of Scholarship:

One individual scholarship will be awarded to support the recipient's tuition in the amount of \$2,500, plus travel expenses up to \$200 for the recipient to attend MHANYS' Annual Awards Dinner in October 2026.

Qualifications:

The Sylvia Lask Scholarship is awarded annually by the Mental Health Association in New York State, Inc. (MHANYS), and it is open to applicants who meet the following requirements:

- College-level juniors and seniors, and matriculated graduate students attending school in New York State, majoring in a mental health-related field to prepare for a career in mental health
- Ability to demonstrate financial need
- Legal resident of New York State