



## Be a MHANYS CarePath™ Coach

### Available Across New York State

MHANYS CarePath™ is a relational approach for supporting recovery and promoting mind-body health and healing. This support tool is designed for professionals and paraprofessionals partnering with youth, adults and families managing mental health.

### Who can apply to be a MHANYS CarePath™ Coach?

MHANYS CarePath™ is appropriate for professionals and para-professionals and upon certification - 20 credentialing renewable credit hours are available for CASAC Counselors, Peer Support Specialists, Family Peer Advocates and Youth Peer Advocates.

### A MHANYS certified CarePath™ Coach:

- ✓ Assists those experiencing a setback in managing their behavioral health
- ✓ Provides participants with five in-person sessions or 10 online sessions
- ✓ Facilitates person-centered planning
- ✓ Removes diagnoses from being the center of attention and moves participants away from an illness perspective to a wellness mindset



Visit our website to learn more!

[mhanys.org/carepath](https://mhanys.org/carepath)



**MHANYS**  
Mental Health Association  
in New York State