

**Service Area:**

Capital Region and Statewide

Leadership:

Glenn Liebman
CEO

Melissa Ramirez
Deputy Director

Andrea Hauser
Chief Financial Officer

Board Leadership:

Bill Gettman
Board Chair

Who We Are:

The Mental Health Association in New York State, Inc. (MHANYS) is a 501 (c)(3) not-for-profit organization with 26 local affiliate MHAs serving 50 counties in New York State. MHANYS and its network of 26 affiliates serve communities across NYS by offering innovative and effective programming that addresses a wide range of mental health challenges and increases mental health literacy.

What We Do:

MHANYS improves the lives of individuals, families, and communities by raising mental health awareness, ending stigma and discrimination, and promoting wellness and recovery.

Contact us:**Mental Health Association
in New York State, Inc.**

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415, Albany, New York 12210

 www.mhanys.org

 info@mhanys.org

 518-434-0439

Find us on social media:

 @MHANYSinc

 @MHAacrossNYS



SUPPORT & SHARE
Working together we could do more!

**About Mental Health Association in New York State, Inc.**

We are on a mission to improve the lives of individuals, families, and all communities in New York State by raising mental health awareness, ending stigma and discrimination, and promoting wellness and recovery.

MHANYS helps a person:

- Become a mental health advocate
- Find resources
- Earn skill certifications
- Meet the mental health education needs of your community
- And much more . . .

When you and your network support MHANYS, you:

- Help normalize conversations about mental health.
- Affect positive changes in health care and public awareness.
- Increase the connection to care, as the understanding of when and where to turn for help is better known.

MHANYS' reach is wide and inclusive – our community-wide programming includes schools, workforce, families/caregivers and individuals.

To donate, please visit

www.mhanys.org/support-mhanys

Scan this QR Code for quick access.





Conversations about mental health more important now more than ever.

MHANYS in 2022

The past two years by the numbers:

- Close to **500** community mental health education activities were scheduled and completed by MHANYS
- Over **30,000** individuals attended these online mental health learning opportunities.

MHANYS Programming are designed to create communities where any person living with a mental health challenge has the support to heal, thrive, and live well. Donations to MHANYS will go to our Mental Health Community Education Fund.

With your help more can be done!

To donate, please visit www.mhanys.org/support-mhanys

Share the following posts on social media with the ribbon image above and tag us!

“Support mental health by supporting MHANYS at mhanys.org/support-mhanys”

“Together, we can help normalize conversations about mental health. Visit mhanys.org/support-mhanys to learn more!”

Visit MHANYS.org to learn about our May Mental Health Awareness Month Activities. [Take the 2022 pledge](#) and [sign up for a free May training!](#)

Community Mental Health Education at MHANYS Reaches All:

Individual & Community Learning Opportunities

K-12 Programming for School Communities

Workforce Training & Certifications for All Businesses