The course will teach you how to apply the ALGEE action plan:

- Assess for risk of suicide or harm.
- Listen nonjudgmentally.
- Give reassurance and information.
- Encourage appropriate professional help.
- Encourage self-help and other support strategies.

From 1999 to 2016, 630,000 people died from drug overdose.

– Centers for Disease Control and Prevention

On average, 123 people die by suicide each day.

– American Foundation for Suicide Prevention

Nearly 1 IN 5 U.S. adults lives with a Mental Illness.

– National Institute of Mental Health via the National Survey on Drug Use and Health and the Substance Abuse and Mental Health Services Administration

This program is a top-notch service to area communities like ours and we are so grateful for the opportunity to have this program.”

– Nikki Carber, Speak Out Against Suicide

To find a course or contact an Instructor in your area, visit Mental Health Association in New York State, Inc. www.MHANYS.org