

Join us for Mental Health Matters Day!



March 13th, 2019 @ 8:00 a.m.
Meeting Rooms 5 and 6 in the Empire State Plaza

What is Mental Health Matters Day?

Mental Health Matters Day is an annual day-long legislative advocacy event sponsored by the Mental Health Association in New York State, Inc. (MHANYS) that is **free** for all participants.

We advocate for non-partisan issues related to mental health policy initiatives that impact our communities. While we encourage participants to advocate on behalf of the Association's legislative agenda, you are not required to promote any specific legislation.

Participants will...

- ★ Learn about mental health policy issues
- ★ Hear Legislators address the issues
- ★ Meet with local representatives
- ★ Actively engage in the legislative process
- ★ Receive a Mental Health Matters t-shirt
- ★ Rally at the State Capital Building
- ★ Free Breakfast

Tentative Schedule

8:00 - 9:00

Registration;
free breakfast,
attendees receive t-shirt
and legislative materials

9:00 - 11:30

Information on relevant issues,
tips on how to advocate,
guest speakers (ie:
government and behavioral
health advocates)

11:30 - about 2:00

Rally at the Capitol,
visits with your local
legislative representatives



To register, go to www.mhanys.org
For questions, contact John Richter, Director of Public Policy at (518) 434-0439