

Project Menu

The following is a description of projects the Suicide Prevention Center of New York and the Suicide Prevention Office are interested in accepting proposals for. All projects are designed to take place over 3 years

| Project name | Additional details |
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| <p>1. Means reduction; a project targeting one-two specific means identified as prevalent in your county or community e.g. Gun safety, bridges, RR, working with pharmacists etc.</p> <ul style="list-style-type: none"> • https://www.hsph.harvard.edu/means-matter/ • http://www.sprc.org/comprehensive-approach/reduce-means • Bridge resources: https://www.hsph.harvard.edu/means-matter/bridges-and-suicide/ • Regarding railroads: http://restrail.eu/ • Regarding parking structures: http://www.sprc.org/resources-programs/ccdc-downtown-boise-parking-structures-evaluation-recommendations-related-suicide • Environmental Program Service Mental Health guide https://www.patientsafety.va.gov/docs/joe/eps_mental_health_guide.pdf • https://suicidepreventionlifeline.org/wp-content/uploads/2016/08/Brown_St StanleySafetyPlanTemplate.pdf | <p>Year one of this project is pre-formatted by SPCNY. Years 2 and 3 will be more fully developed by individual coalitions (see RFP for additional details)</p> |
| <p>2. Awareness and education campaign (based on <i>#Bethelto</i>)</p> | <p>This is a continuation of the 2017 infrastructure funding. Coalitions pursuing this must integrate <i>#Bethetoneto</i></p> |
| <p>3. High-risk population or project in your county</p> | <p>See Appendix I below</p> |

Appendix I

| 3. High Risk Populations and Supporting Resources | Additional information |
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| <p>a) Men in the Middle Years (MIMY) This is represented by 35–55-year old’s. See the following for more information and risk factors on this population.</p> <ul style="list-style-type: none"> • https://www.sprc.org/populations/adults-26-55 • https://www.sprc.org/sites/default/files/resource-program/SPRC_MiMYReportFinal_0.pdf | <ul style="list-style-type: none"> • There are required elements for this project described in the corresponding RFP. |
| <p>b) Elderly population. This is represented by 56-year-old +. Rates of suicide begin to climb in older adulthood and after 65 and attempts are more lethal. Applications must describe current or planned partnerships with local agencies that work with this population routinely e.g. Area for the Aging. Proposals should consider addressing elements of isolation and promoting help seeking. See the following for more information</p> <ul style="list-style-type: none"> • https://www.sprc.org/populations/older-adults • <i>Promoting Emotional Health and Preventing Suicide: A Toolkit for Senior Centers</i> https://store.samhsa.gov/shin/content/SMA15-4416/SMA15-4416.pdf • <i>Suicide Prevention in Older Adults-</i> https://www.acl.gov/sites/default/files/programs/2016-11/Suicide-Prevention-Webinar-9-29.pdf • <i>Suicide Prevention and Older Adults - National Council on Aging</i> https://www.ncoa.org/wp-content/uploads/Suicide.Prevention.Webinar.Slides1.pdf | <ul style="list-style-type: none"> • Projects 3. b)-3. e) Coalitions interested in developing a proposal to address one of these projects should consider some of the following when drafting a plan; <ol style="list-style-type: none"> 1. Achievable outcomes over a three-year period 2. Leadership & capacity to implement project 3. Current and potential partnership(s) to support the work 4. Integrating some type of media and awareness campaign targeted toward the specific population or project. Note: this consideration is separate from Project #2, ‘Expand or develop a community level awareness and education campaign (based on #Bethe1to)’ 5. partnering with local media outlets and use of social media 6. partnering with local groups and organizations affiliated with/in support of high risk population |
| <p>c) Active duty military, veterans, and their families. Projects should describe current or planned efforts to work with Regional Suicide Prevention Coordinator through VA and local Veteran Services on the county level. Current research informs us that 14 of the 20 veterans who die by suicide each day are not getting services at the VA. Projects that attempt to address that challenge and describe how they will reach those 14 are strongly encouraged. See the following for more information</p> <ul style="list-style-type: none"> • https://www.mentalhealth.va.gov/docs/data-sheets/Suicide-Data-Sheet-New-York.pdf • https://www.va.gov/vetdata/docs/SpecialReports/State_Summaries_New_York.pdf • https://www.mirecc.va.gov/visn19/ • https://www.research.va.gov/topics/suicide.cfm | |
| <p>d) Suicide prevention in rural communities. Projects should consider partnering with local Co-Op Extension, FarmNet, faith communities and other trusted</p> | |

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| <p>institutions within rural communities. <i>A project focused in this area should integrate elements and concepts from other Project areas e.g. MIMY, Means Reduction, elderly etc.</i></p> <p>See the following for more information</p> <ul style="list-style-type: none"> • https://www.cdc.gov/mmwr/volumes/66/ss/ss6618a1.htm?s_cid=ss6618a1_w • <i>Suicide Prevention Toolkit for Rural Primary Care</i> https://www.sprc.org/settings/primary-care/toolkit • https://www.sprc.org/settings/rural-areas | |
| <p>e) High risk youth and their families e.g.- LGBTQ or Latina youth</p> <p>See the following for more information & resources</p> <ul style="list-style-type: none"> • https://www.thetrevorproject.org/resources/preventing-suicide/facts-about-suicide/#sm.00000p0lwkoziqdyqf9z3u7vbj7i • https://www.sprc.org/populations/lgbt • https://www.ama-assn.org/delivering-care/preventing-suicide-lgbtq-youth • http://familyproject.sfsu.edu/ • http://www.sprc.org/system/files/private/event-training/S-T%203%20LGBTQ2-S%20Resources.pdf • http://www.latina.com/lifestyle/news/latina-teen-suicide-rates-rise-depression • http://comunilife.org/life-is-precious/ | |
| <p>f) Support groups for loss survivors, attempt survivors or family members with a loved one who has thoughts of and/or has attempted suicide. Example to establish or enhance a local survivor group (loss or attempt) or a family support group. Models include <i>AFSP</i> survivor group, <i>Didi Hirsch</i> attempt survivor groups and <i>Family Connections</i></p> <ul style="list-style-type: none"> • https://afsp.org/our-work/loss-healing/training-program-facilitating-suicide-bereavement-support-group/ • https://www.borderlinepersonalitydisorder.com/family-connections/ • http://www.didihirsch.org/ • https://www.lifeline.org.au/static/uploads/files/practice-handbook-suicide-bereavement-support-group-facilitation-wfmjznmlwgb.pdf | <ul style="list-style-type: none"> • Project 3. f) funds can be used to develop a new or enhance an existing support group for loss or attempt survivors or families with loved ones who are at increased risk of suicide. Project development might include such things as purchase of materials (books, videos etc.), development of brochures, content experts, working with established groups to provide support and related activities. SPCNY will be looking for proposals that include efforts to sustain the groups after three years. |