

Means Reduction

Project RFP

Please read through the required activities before deciding to respond to the questions starting on Page 2 of the RFP. Recommended page limits are provided for each section.

Required Activities

All coalitions who are selected for funding must complete the following as part of the project requirements.

Year I (January 2019-December 31, 2019) activities:

- I. Send one person to the Means Reduction Academy (date and location TBD). This will be an all-day event. *Infrastructure funds will reimburse for lodging for one night for those traveling 70 miles or more to the site and mileage reimbursement at the current federal rate.* A site for satellite streaming or Webinar will be available so that others in your coalition may attend virtually.
- II. Host up to two town hall style events with the purpose of:
 - Informing the community of the coalition's current and previous efforts in suicide prevention
 - Presenting local data to help participants understand what suicide looks like in the community, focusing on most frequent means
 - Announcing current funding to address suicide through means reduction
 - Explaining what means reduction is and sharing the research as to why this is an effective strategy to reduce suicides
 - Creating a 'call to action' to invite local leaders, key informants and other partners to help develop strategies
 - Discussing next steps and what attendees can do to support the project
- III. Based on local data and information from the Means Reduction Academy, develop your workplan for **Years II** and **III** to address the lethal means you are targeting. This should be formatted such that it includes at a minimum:
 - Strategies and interventions that will be used to address the lethal means including the evidence base for each strategy
 - Specific populations your strategies will be targeting e.g. Men in the Middle Years (MiMY), agricultural communities, pharmacists, clinicians.
 - Key partners, agencies and organizations that are necessary for supporting and implementing the project. Distinguish those who are *currently* involved and those who you would like to invite to participate. Examples include but are not limited to pharmacists, gun club or fire arms instructor, OASAS prevention council or others who might be considered to accomplish the interventions
 - Anticipated timeline* to accomplish each strategy including the sequencing of events where necessary
 - Resources necessary to implement strategies
 - A draft plan for measuring/evaluating the impact

- A projected budget for Year 2 and Year 3. This must be created and approved by SPCNY by **Nov 1, 2019**. Budgets must include accommodating travel for at least one person to attend regional coalition meetings and to send one person to the Annual Suicide Prevention Conference in 2020-2021

Year II and III (January 2020-December 2021) activities:

IV. Years II and III are project implementation.* Required activities during this period include:

- Implementing the workplan that was developed during **Year I**
- Providing a brief project update (format to be determined): June 2020, Dec 2020, June 2021
- Completing a final project report Oct 31, 2021

*depending on how quickly some of the required **Year I** activities are accomplished you may have begun Years II and III activities in 2019

V. Additional information:

- There may be opportunities to share progress at the annual conference
- SPCNY anticipates being able to organize additional web based and perhaps in person content to share regarding lethal means reduction during Years II and III. We strongly encourage coalitions to take advantage of these opportunities.
- You may be asked to share your progress at regional coalition meetings or during a separate, web based opportunity

Application Questions

Items A-C must be completed and submitted by the deadline for applications.

A. Statement of Need and Identification of Means (2 pages)

Describe suicide as a public health problem in your county. This description must include a summary of local data detailing completed suicides by age and gender, means used, and suicide attempts, if available. A description of unique local risk and protective factors for your county should also be provided. Sources should include, but are not limited to, your local Community Health Assessment (CHA), other health department data, Centers for Disease Control and Prevention (CDC) WONDER database, and the Youth Risk Behavior Survey (YRBS). Because you have chosen this project, your data should reflect a need to address specific lethal means. You may select up to two below:

- Fire arms
- Suffocation/hanging
- Poisoning by gas
- Jumping
- Drug/poison ingestion
- Other (describe)

B. Goals and Objectives (2 pages)

Develop a list of goals and objectives that describe what you plan to accomplish during the three-year project cycle. Then provide a detailed description of how your participation in this project will help you accomplish your goals and objectives.

C. Previous Work (1 page)

Please describe any recent (within the past 3 years) coalition and/or community efforts to address lethal means reduction in the community. Examples might include distributing gun locks, messaging campaigns specific to lethal means reduction, clinical training such as Counseling on Access to Lethal Means (CALM), efforts to promote use of Safety Planning and similar strategies. Please include in your description any partners that supported this work, if the efforts are continuing and anything else that highlights those efforts.